



South Suburban Sports Complex

4810 E County Line Rd

Littleton, CO 80126

<https://www.ssprd.org/Sports-Complex>

Come Skate Synchro With Us!!

"Try Synchro!" Skills Sessions:

May 8 & 15

4:30-5:15pm

Skaters under 18: Beginner/No test- Pre Juvenile

5:15-6:00pm

Skaters under 18: Juvenile-Senior MIF Passed

6:10-7:10pm

All skaters age 18+ of any level

Team Tryout Session:

May 22

5:40-6:25pm

Skaters under 18: No test- Pre Juvenile MIF

6:25-7:10pm

Skaters under 18: Juvenile-Senior MIF Passed

7:20-7:50pm

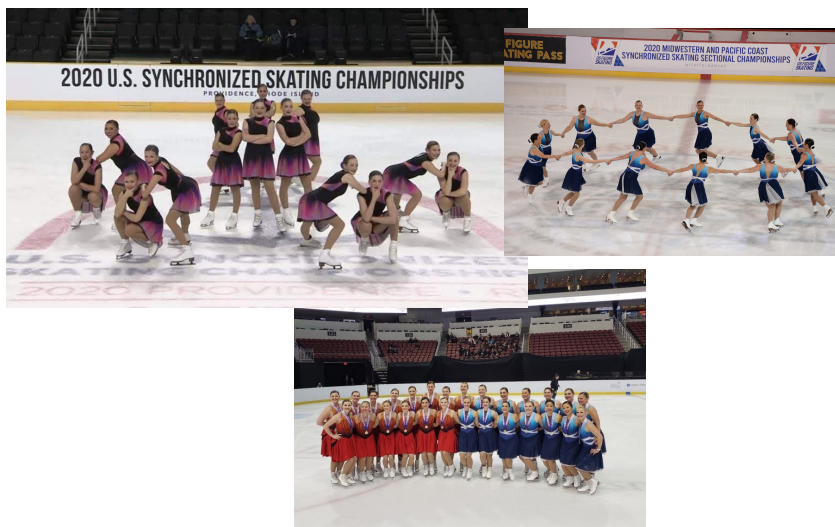
25+ Open Masters/Masters

7:50-8:20pm

18+ Open Adult/Adult

Denver Synchronicity will call South Suburban Sports Complex HOME!

Denver Synchronicity will be moving our home facility from the Edge Ice Arena to the new South Suburban Sports Complex. Having all of our teams in the same facility as our home figure skating club, Denver Colorado Figure Skating Club, has been a hope for nearly 15 years. The stars have finally aligned to make it happen! With the support of our club and new facility, we now have enough ice time to have our entire organization under one roof, to add more teams as we grow, and to offer synchro programming year round. This will create so many opportunities for DS to grow and move to the next level of a flourishing synchro organization. We are very grateful for all of the support that The Edge community has given our teams for so many years and will cherish the many memories made there. We are excited for this next exciting chapter in our DS journey at the new complex!



Basic Skills Synchro Classes Begin June 5th!

Registration will open May 1st!
More information will be posted
to our website as it becomes
available.

Basic Skills Synchro Badge
Classes- Saturdays year round!

Summer Session: June 5-26

Fall Session 1: July 24-Sept 11

Fall Session 2: Sept 25- Oct 30

Fall Session 3: Nov 6- Dec 18

Contact us:

info@denversynchro.org

denversynchro.org

719-323-7782



Welcome former DS skater, Haydenette and USFS DREAM Athlete, Katey Nyquist, to our Coaching Staff!

Katey is a 5x U.S. National Champion and World Competitor with the Haydenettes Synchronized Skating team. She is a USFS Triple Gold Medalist in Freestyle, Moves in the Field, and Ice Dance. She has been coaching and working with skaters of all ages and skill levels for over 6 years, through Learn to Skate, private lessons, and as a coach of the Beginner and Pre-Juvenile teams at Hayden Synchro. She absolutely loves being a skating coach and helping to foster her skaters' love for the sport! Before becoming a Team USA athlete, Katey was an athlete on our DS teams and Denver FSC member for many years. We are so excited to have her back home to share her experience and passion for skating with our teams!



Introducing... The Denver Synchronicity Synchronized Skating Academy!

Denver Synchronicity will now have a program in place that will create synchro opportunities for beginner skaters to start with synchronized skating early and advance through a pipeline of levels to develop the skills necessary to be a successful synchro athlete! This program will also offer parent education, low and high level on ice skills sessions, and off ice sessions for all of our synchro athletes during the season. The basic skills synchro portion of our Synchro Academy will offer 6 week badge classes much like a Learn to skate class. Then once these badge classes are completed, skaters will move into Synchro Skills level exhibition teams that will take each of the elements they learned in their badge classes and put them together into an exhibition program to music. These skaters will then have the building blocks necessary to tryout for our developmental teams before trying out for DS's National teams. The second portion of our Synchro Academy will focus on synchro skill development and improvement for our athletes at every level with on ice skills sessions, off ice conditioning classes, guest coaches, and more!

